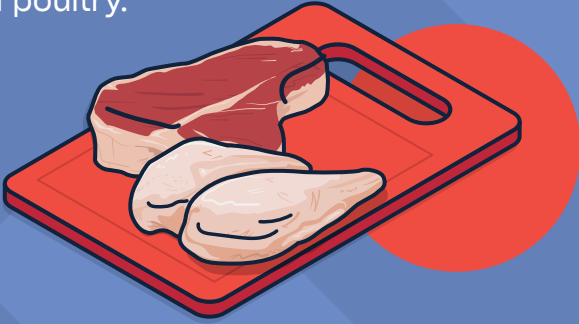
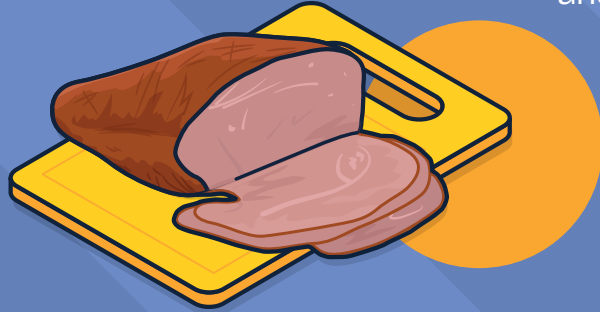


Know Your Chopping Boards

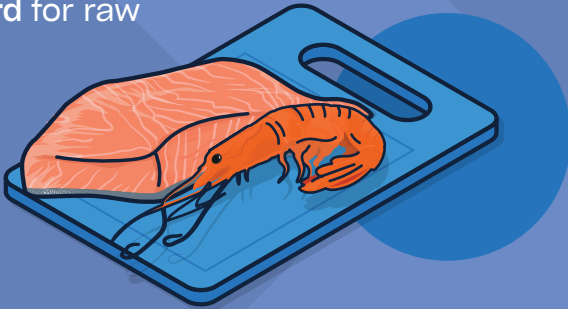
Use a red chopping board for raw meat and poultry.



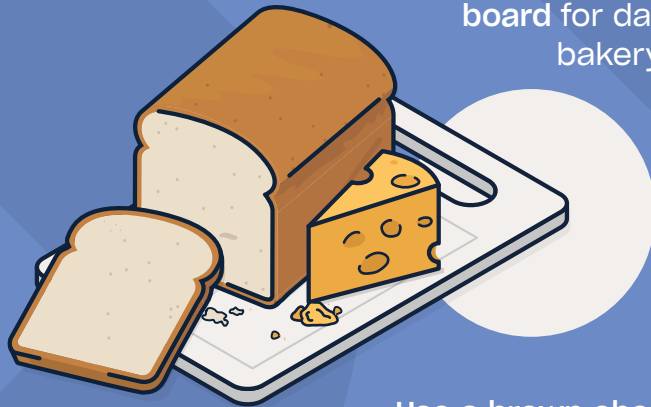
Use a yellow chopping board for cooked meat and poultry.



Use a blue chopping board for raw fish.



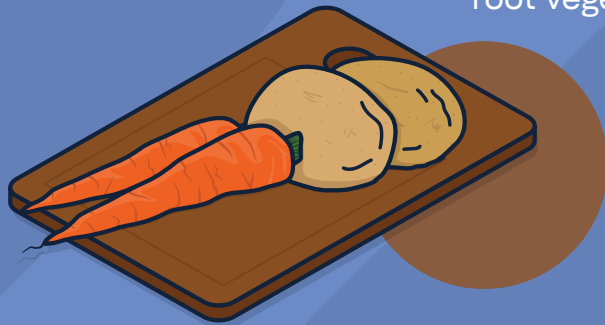
Use a white chopping board for dairy and bakery items.



Use a green chopping board for washed fruit and salad vegetables.



Use a brown chopping board for unwashed root vegetables.



Use a purple chopping board for free-from products.

